#### PRINCESS MARY'S FUND.

Every one will be pleased that Princess Mary's endeavour to raise funds to send a Christmas gift to each sailor and soldier on active service is being so well supported. We hope subscriptions will continue to pour in. They should be addressed to Her Royal Highness Princess Mary, at Buckingham Palace, and envelopes should be marked "For the Sailors and Soldiers.'

### HOSE-TOPS FOR HIGHLAND REGIMENTS.

The Marchioness of Tullibardine writes from Boughton House, Kettering, Northants: "The Marchioness of Tullibardine presents her compliments to Mrs. Bedford Fenwick, and if she would kindly insert the following appeal she would be extremely obliged, as your Journal has such a large circulation among the nursing profession who may like to help."

We, with pleasure, give prominence to this appeal for 15,000 hose-tops which Lady Tullibardine has been asked by Lord Kitchener to collect for the men of the Highland Regiments at present serving with the Expeditionary Force. They are of a pattern approved by His Majesty the King, and are to be made long enough to pull over the knee in bad weather. Though a kilt gives great warmth round the waist, it has disadvantages for the men spending nights in wet trenches, and Lord Kitchener appeals to the Women of Scotland to send these hose-tops to the Highland Regiments by November 14th. Donations, which will enable orders to be placed at once amongst the many fisher girls who have been deprived of their main source of livelihood by the War, will be specially welcome. Suitable wool can be obtained from Messrs. Pettigrew & Stephens, Sauchiehall Street, Glasgow, which should be in khaki, light heather, and inconspicuous mixtures. Grey is not authorized. They are easily and quickly made, and require about 1½ cuts (or 3 skeins) of wheeling, or 2 cuts (4 skeins) of fingering. Directions for making the hose-tops can be obtained from Lady Tullibardine. All communications should be marked "Hose Tops" on the outside.

# "WINCARNIS" CO.'S GIFT TO TROOPS.

"What you want to say and how to say it in French," is the title of a neat and handy little booklet, which is being furnished to our troops at the Front, with the compliments of Messrs. Coleman & Co., Ltd., Wincarnis Works, Norwich. It contains numerous phrases of just the kind likely to be needed, the English appearing on one page, and its French equivalent on the opposite page. The imitated French pronunciation is as true as any system of phonetics could well render it, but if Thomas Atkins should feel reluctant to try it he has the simple alternative left to him of indicating his needs by pointing to the French phrase or word.

The War Office authorities have expressed their appreciation of this generous gift in such large numbers to our soldiers, and hope that our men at the front may find the conversation in the booklets an assistance to them in their intercourse with our gallant allies.

### THE "ECLIPSE" HOT WATER BOTTLE.

We have pleasure in drawing attention to the merits of the "Eclipse" hot water bottle, made



by Messrs. J. G. Ingram & Son, Hackney Wick,
London, N.E. Points to
be remembered about this bottle are that it is made by British labour, and manufactured of a firstclass quality rubber that is guaranteed in every respect. The firm, moreover, give a guarantee that their "Eclipse" hot water bottles are personally examined and tested under strict supervision as to the quality of rubber, work-manship, &c., and that with careful use, in any climate, and storage under favourable condi-

tions, they are warranted to give entire satisfaction, and will remain in a perfect state for two years, while they have been known to last as long as five. The bottles are made in all sizes, supplied with jug or loop handles, and the stopper fitted in is guaranteed not to slip, so that it is practically impossible for a bottle to leak in consequence of the stopper becoming loose. The "Eclipse" bottles are obtainable through all chemists.

The firm are contractors to the Admiralty and War Office, and other important Government Departments.

## VIROL.

Among the concentrated foods, Virol rightly ranks high, for it is compounded of nutritious substances, largely red bone marrow, prepared with scientific skill, in proportions, carefully adjusted to diet formulæ laid down by the most up-to-date physiologists. It is of proved value as a builder of waste tissue, and for this reason is frequently prescribed in conditions where the powers of assimilation are low, in any form of emaciation, and in convalescence from fevers. also for infants, both breast and bottle fed. The 4s. 6d. jar of Virol is now supplied for 2s. 11d., and contains as much as seven single shilling jars. It may be taken by adults spread on bread, biscuits or toast. Infants take it readily, mixed with milk in the ferding bottle.

Virol is made in England under the most hygienic and admirable conditions, and may be obtained through all chemists.

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